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-Claims:

- 1. A method of synchronizing two ends of a bi-directional network communication path 2 comprising:
 - repeatedly transmitting from an end of the bi-directional communication path a sequence of predetermined characters if reception is lost at that end; and
- resynchronizing the link from both ends if the sequence of predetermined characters is received at the other end.
- 1 2. The method of claim 4, wherein the predetermined character comprises an idle 1 character.
- 1 3. The method of claim 2, wherein the sequence of predetermined characters comprises
- 2 seven successive idle 1 characters.
- 1 4. The method of claim 1, and further comprising: 2 signaling the loss of synchronization after reception is lost.
- 1 5. The method of claim 1, wherein resynchronization at an end comprises detecting and 2 transmitting three successive idle 1 characters.
 - 6. The method of claim 5, wherein resynchronization at an end further includes detecting and transmitting an idle 2 character.
 - The method of claim 8, and further comprising:
 returning to loss of synchronization if an idle 2 character is not detected at an end within a predetermined amount of time.
 - 8. The method of claim 6, and further comprising:

 applying a hysteresis sub-process at end end if nonvalid data is received at that end after resynchronization has occurred at both ends.
 - 9. The method of claim 5, and further comprising:
 returning to loss of synchronization if three successive idle 1 characters are not detected at an end.
 - 10. An apparatus adapted to synchronize two ends of a bi-directional network communication path comprising:
 - a network interface unit adapted to repeatedly transmit from an end of the bidirectional communication path a predetermined character if reception is lost at that end;
 - said network interface unit being further adapted to detect a predetermined set of characters signaling to resynchronize the link from that end if reception is lost at the other end.
 - 11. The apparatus of claim 10, wherein the predetermined character comprises an idle 1 character.







- 1 12. The apparatus of claim 10, wherein the predetermined set characters comprises three
- 2 successive idle 1 characters.
- The apparatus of claim 10, wherein said network interface unit is further adapted to detect
- 2 Yend transmit another set of predetermined characters after detecting said set of predetermined
- 3 characters.
- 1 14. The apparatus of claim 13, wherein said set of predetermined characters comprises three
- 2 successive idle 1 characters and the another set of predetermined characters comprises an idle 2
- 3 character.
- 1 15. The apparatus of claim 10, wherein said network interface unit is further adapted to
- 2 resynchronize the link from that end it seven successive idle 1 characters are received.
- 1 16. A system comprising:
 - a bi-directional communication path;
 - nodes coupled at each end of the bi-directional communication path;
 - said nodes being adapted to bi-directionally resynchronize the link so that if reception is lost at one end.
 - 17. The system of claim 16, wherein said nodes are adapted to comply with the NGIO specification.
 - 18. The system of claim 16, wherein each of said nodes are incompatible with nodes complying with the ethernet specification.
 - 19. The system of claim 16, wherein each of said nodes are incompatible with nodes complying with the gigabit ethernet specification.